

## II EDICIÓN 10 KM. VILLA DE RIBADESELLA, Ribadesella 26/09/2010

Running. Distancia: 10.000 m

Pto	Dorsal	Nombre	Sx	PtoCat	T_Oficial	RitmoKm	T_Real	RitKmReal	Control	Control2	Licencia	Club	Localidad
1	185	DANIEL BAYÓN LEONARDO		SNM- 1	0:31:26	0:03:09	0:31:25	0:03:09	0:10:24	0:22:59		Universidad de Oviedo	GIJÓN
2	52	JOSE LUIS CAPITAN PEÑA		SNM- 2	0:31:27	0:03:09	0:31:27	0:03:09	0:10:24	0:22:59		ciclotre aranda	oviedo
3	187	MARCOS PEÓN AZCANO		SNM- 3	0:31:37	0:03:10	0:31:37	0:03:10	0:10:26	0:23:14		Universidad de Oviedo	Gijón
4	47	EMILIO LLAMEDO IGLESIAS		SNM- 4	0:31:42	0:03:11	0:31:40	0:03:10	0:10:24	0:23:08		CANGAS DE ONIS ATLETISMO	cangas de onis
5	131	ALBERTO SUAREZ LASO		SNM- 5	0:31:50	0:03:11	0:31:48	0:03:11	0:10:29	0:23:14		Oviedo Atletismo	Oviedo
6	184	JULIO CÉSAR ALVAREZ GARCÍA		VTBM- 1	0:32:18	0:03:14	0:32:18	0:03:14	0:10:26	0:23:17		Universidad de Oviedo	Gijón
7	1	FRANCISCO LOPEZ DE DIOS		SNM- 6	0:32:36	0:03:16	0:32:36	0:03:16	0:10:26	0:23:28		S.C.D. RIBADESELLA	RIBADESELLA
8	414	DAVID PRIETO DIAZ		SNM- 7	0:32:39	0:03:16	0:32:38	0:03:16	0:10:26	0:23:29		Linea de Meta	PRAVIA
9	130	PABLO IBÁÑEZ INCLÁN		PRM- 1	0:32:46	0:03:17	0:32:45	0:03:17	0:10:39	0:23:49		Oviedo Atletismo	OVIEDO
10	129	ADRIAN FERNANDEZ FERNANDEZ		PRM- 2	0:32:47	0:03:17	0:32:46	0:03:17	0:10:38	0:23:49		Oviedo Atletismo	sama de langreo
11	3	DIONISIO MARTINEZ FERNANDEZ		VTAM- 1	0:32:54	0:03:18	0:32:54	0:03:18	0:10:59	0:24:28	O-5129	TOSCAF-RECTA FINAL	LUARCA
12	2	JAVIER MURUJOSA CASAL		VTBM- 2	0:33:04	0:03:19	0:33:03	0:03:19	0:10:50	0:24:09	O-6277	OVIEDO KAYAK FEVE	OVIEDO
13	68	ROBERTO GONZALEZ PASCUAL		VTAM- 2	0:33:31	0:03:22	0:33:30	0:03:21	0:10:52	0:24:17	L-4502	CLUB DEPORTIVO AENTRENAR.COM	ponferrada
14	137	RUBEN CRESPO VEGA		SNM- 8	0:33:35	0:03:22	0:33:35	0:03:22	0:10:33	0:24:06		PIELAGOS INELECMA	ZURITA PIELAGOS
15	181	ADRIAN IGLESIAS REDONDO		SNM- 9	0:33:40	0:03:22	0:33:38	0:03:22	0:10:59	0:24:28	O-6470	TOSCAF-RECTA FINAL	Aviles
16	24	JOSE RAMON PEREZ ARECES		SNM- 10	0:33:41	0:03:23	0:33:40	0:03:22	0:10:50	0:24:26		A.A.AVILESINA	PIEDRAS BLANCAS
17	143	JUAN MANUEL MENENDEZ PEZON		VTAM- 3	0:33:44	0:03:23	0:33:43	0:03:23	0:11:00	0:24:29		REAL GRUPO CULTURA COVADONGA	GIJON
18	7	ROGELIO ATANCE VICENTE		SNM- 11	0:33:51	0:03:24	0:33:51	0:03:24	0:10:52	0:24:31		S.C.D. RIBADESELLA	Cangas de Onís
19	117	LUIS MANUEL FERNANDEZ MARTINEZ		SNM- 12	0:33:55	0:03:24	0:33:55	0:03:24	0:10:52	0:24:37		metavi	maliño
20	97	OSCAR BUJAN RODRIGUEZ		SNM- 13	0:33:58	0:03:24	0:33:55	0:03:24	0:10:50	0:24:38		Esnova Gijón	cangas del narcea
21	210	VICTOR ALVAREZ PEREZ		JNM- 1	0:34:08	0:03:25	0:34:02	0:03:25	0:11:11	0:24:52			OVIEDO
22	102	MANUEL PANDO MIER		SNM- 14	0:34:08	0:03:25	0:34:07	0:03:25	0:11:01	0:24:54		GAITERO-ATLETISMO VILLAVICIOSA	villaviciosa
23	4	FERNANDO PEREZ ALCANTARILLA		VTBM- 3	0:34:11	0:03:26	0:34:09	0:03:25	0:10:54	0:24:50		LOS MORGALINOS	NOREÑA
24	418	LUIS JAVIER MARTINEZ RODRIGUEZ		SNM- 15	0:34:14	0:03:26	0:34:12	0:03:26	0:11:04	0:24:51		Oviedo Atletismo	Oviedo
25	400	MIGUEL TABOADA RODRIGUEZ		VTBM- 4	0:34:18	0:03:26	0:34:16	0:03:26	0:10:53	0:24:50			Aviles
26	63	CARLOS DIEZ SOLARES		VTBM- 5	0:34:22	0:03:27	0:34:22	0:03:27	0:11:15	0:25:00		Club Atletismo Polanco SOLVAY	POLANCO
27	179	JOAQUIN DOSANTOS CALVO		VTAM- 4	0:34:40	0:03:28	0:34:39	0:03:28	0:11:02	0:25:03		TOSCAF-RECTA FINAL	RIOSA
28	186	JOSÉ BENITO LÓPEZ PASTORIZA		SNM- 16	0:34:44	0:03:29	0:34:41	0:03:29	0:11:24	0:25:24		Universidad de Oviedo	Oviedo
29	6	ALBA GARCÍA FERNÁNDEZ	F- 1	SNF- 1	0:34:45	0:03:29	0:34:45	0:03:29	0:11:25	0:25:24		Universidad de Oviedo	Avilés
30	178	MARIANO DÍAZ SANCHO		SNM- 17	0:34:52	0:03:30	0:34:50	0:03:29	0:11:26	0:25:24	O-5385	TOSCAF-RECTA FINAL	LUARCA
31	73	LIONEL FERNÁNDEZ FERNÁNDEZ		SNM- 18	0:34:55	0:03:30	0:34:52	0:03:30	0:11:01	0:25:04		Club Triatlón Oviedo	Oviedo
32	5	LUCAS RODRIGUEZ MEJIDO		VTAM- 5	0:35:02	0:03:31	0:35:00	0:03:30	0:11:21	0:25:30		S.C.D. RIBADESELLA	ALLER
33	189	JOSE PABLO CASIELLES MARTINEZ		VTAM- 6	0:35:05	0:03:31	0:35:03	0:03:31	0:11:15	0:25:25			Gijon
34	168	SANTIAGO MERINO GARCÍA		VTCM- 1	0:35:06	0:03:31	0:35:05	0:03:31	0:11:22	0:25:31		Sport Life	León
35	183	BERNARDO VILLANUEVA GONZALEZ		VTCM- 2	0:35:20	0:03:32	0:35:20	0:03:32	0:11:16	0:25:21	O-5130	TOSCAF-RECTA FINAL	Luarca
36	128	RICARDO ZAMORANO PEREIRA		VTAM- 7	0:35:30	0:03:33	0:35:28	0:03:33	0:11:22	0:25:33		OCLE	GIJON
37	182	JOSE SUAREZ FERNANDEZ		SNM- 19	0:35:36	0:03:34	0:35:33	0:03:34	0:11:42	0:26:05		TOSCAF-RECTA FINAL	BARCIA - VALDES
38	56	ADRIAN SOLIS SUAREZ		SNM- 20	0:35:37	0:03:34	0:35:34	0:03:34	0:11:14	0:25:45		Club atletismo Mieres	ujo
39	9	ENRIQUE SUAREZ CELORIO		VTBM- 6	0:35:38	0:03:34	0:35:36	0:03:34	0:11:42	0:26:09		S.C.D. RIBADESELLA	RIBADESELLA
40	407	DAVID PEREZ LOSADA		PRM- 3	0:35:44	0:03:35	0:35:41	0:03:35	0:11:26	0:25:53		atletismo collanzo	cabañaquinta
41	147	JUAN JOSE GARCIA QUINTANA		SNM- 21	0:35:50	0:03:35	0:35:48	0:03:35	0:11:37	0:26:05		S.C.D. RIBADESELLA	RIBADESELLA
42	35	JAVIER IZQUIERDO SANTOS		VTAM- 8	0:36:01	0:03:37	0:35:58	0:03:36	0:11:43	0:26:05		AVILES ATLETISMO ELECTRONICA RATO	CORVERA DE ASTURIAS
43	49	JORGE GRANDA HERNÁNDEZ		SNM- 22	0:36:13	0:03:38	0:36:10	0:03:37	0:11:25	0:26:15		Castrillon Triatlón	Corvera de Asturias
44	201	AITOR ALVAREZ FERNÁNDEZ		SNM- 23	0:36:19	0:03:38	0:36:17	0:03:38	0:11:38	0:26:16			GIJON
45	167	JOSE IRUROZQUI SOTO		SNM- 24	0:36:19	0:03:38	0:36:15	0:03:38	0:11:50	0:26:30		S.S.Reyes-Clinica Menorca	Alcobendas
46	397	FRANCISCO SANCHEZ APARICIO		VTAM- 9	0:36:24	0:03:39	0:36:24	0:03:39	0:11:51	0:26:30			arnao--castrillon
47	408	RUBEN DIAZ FERNANDEZ		VTBM- 7	0:36:24	0:03:39	0:36:21	0:03:39	0:11:40	0:26:24		atletismo collanzo	cabañaquinta
48	174	VANESSA SUÁREZ FENTE	F- 2	SNF- 2	0:36:26	0:03:39	0:36:26	0:03:39	0:11:42	0:26:16		TOSCAF-RECTA FINAL	Corvera
49	36	NACHO SERRANO GLÉZ-POSADA		SNM- 25	0:36:27	0:03:39	0:36:23	0:03:39	0:11:42	0:26:28		AVILES ATLETISMO ELECTRONICA RATO	Avilés
50	410	GONZALO GARCIA ALONSO		VTEM- 1	0:36:27	0:03:39	0:36:25	0:03:39	0:11:43	0:26:19		CLUB CAYÓN	Astillero
51	302	RAFAEL PERALTA MARQUEZ		SNM- 26	0:36:33	0:03:40	0:36:30	0:03:39	0:11:35	0:26:23			GIJON
52	136	ANGEL MONTES VAZQUEZ		VTDM- 1	0:36:36	0:03:40	0:36:36	0:03:40	0:11:54	0:26:46	O-5371	OVIEDO KAYAK FEVE	OVIEDO

53	373PABLO LOPEZ ACES	VTAM- 10	0:36:45	0:03:410:36:45	0:03:41 0:12:15	0:26:59		posada de llanera
54	98MARIANO FERNANDEZ MONTESERIN	VTAM- 11	0:36:47	0:03:410:36:47	0:03:41 0:11:42	0:26:29	Esnova Gijón	Gijon
55	149ROBERTO SÁNCHEZ BERBES	VTDM- 2	0:36:48	0:03:410:36:48	0:03:41 0:11:54	0:26:47	S.C.D. RIBADESELLA	Ribadesella
56	33GREGORIO MURCIANO DE LA FUENTE	VTBM- 8	0:36:51	0:03:420:36:50	0:03:41 0:11:51	0:26:46	AVILES ATLETISMO ELECTRONICA RATO	AVILES
57	252LUIS MIGUEL FERNANDEZ SANTOS	VTBM- 9	0:36:55	0:03:420:36:52	0:03:42 0:11:54	0:27:00		OVIEDO
58	93MANUEL ANTONIO AVANZAS RODRIGUEZ	VTCM- 3	0:36:57	0:03:420:36:53	0:03:42 0:11:59	0:26:58	Esnova Gijón	Gijón
59	239FRANCISCO JAVIER DIEGO GARCIA	VTBM- 10	0:36:58	0:03:420:36:58	0:03:42 0:11:52	0:26:40		Maliaño
60	172JOSE LUIS GARCIA GAZAPO	VTCM- 4	0:37:05	0:03:430:36:59	0:03:42 0:12:09	0:27:00O-4873	TINEO ATLETISMO	LA ESPINA
61	177RUBEN DEL CAÑO MENENDEZ	VTAM- 12	0:37:06	0:03:430:37:03	0:03:43 0:11:43	0:26:45	TOSCAF-RECTA FINAL	gijon
62	132JOSE MANUEL ALVAREZ SOTO	VTBM- 11	0:37:13	0:03:440:37:13	0:03:44 0:12:06	0:27:21O-5269	OVIEDO KAYAK FEVE	OVIEDO
63	59JOSE MANUEL SANTAMARÍA RODRÍGUEZ	SNM- 27	0:37:14	0:03:440:37:12	0:03:44 0:11:40	0:26:48	Club atletismo Mieres	Mieres
64	91MARTA DÍEZ MANZANO	F- 3 SNF- 3	0:37:24	0:03:450:37:22	0:03:45	0:27:04	Escania de Pamplon	Monfarracionos
65	39JESUS GONZALEZ GARCIA	VTBM- 12	0:37:29	0:03:450:37:15	0:03:44 0:12:32	0:27:24L-4246	C. D. ATLETISMO LA BAÑEZA	la bañeza
66	8JOSE IGNACIO DIAZ SANCHO	SNM- 28	0:37:30	0:03:450:37:28	0:03:45 0:12:20	0:27:25	TOSCAF-RECTA FINAL	OVIEDO
67	241JOSEBA ETXEGOIEN ERRANDONEA	SNM- 29	0:37:31	0:03:460:37:25	0:03:45 0:12:14	0:27:17		Lezo
68	41JUAN JOSE CASTILLO DIAZ	VTBM- 13	0:37:32	0:03:460:37:29	0:03:45 0:12:07	0:27:13	C.A. BOSTON	MADRID
69	290ADRIANO MÉNDEZ AVELLO	SNM- 30	0:37:34	0:03:460:37:27	0:03:45 0:12:17	0:27:26		Navia
70	171JULIO ARBESÚ MENENDEZ	SNM- 31	0:37:37	0:03:460:37:37	0:03:46 0:12:10	0:27:26O-6004	TINEO ATLETISMO	Tineo
71	94LUIS FRANCISCO DE LA VEGA GARCIA	VTCM- 5	0:37:42	0:03:470:37:39	0:03:46 0:12:00	0:27:22	Esnova Gijón	LUANCO
72	274DANIEL HORREO ALONSO	SNM- 32	0:37:45	0:03:470:37:38	0:03:46 0:12:07	0:27:08		villaviciosa
73	111JOSÉ ROBERTO SÁNCHEZ ANTUÑA	VTCM- 6	0:37:49	0:03:470:37:43	0:03:47 0:12:09	0:27:24	KM. 1	LA FELGUERA (LANGREO)
74	10LUIS FERNANDO ALONSO SIERRA	VTBM- 14	0:37:52	0:03:480:37:49	0:03:47 0:11:58	0:27:23	TOSCAF-RECTA FINAL	Cudillero
75	62ISAAC LANZA PÉREZ	VTAM- 13	0:37:53	0:03:480:37:51	0:03:48 0:12:16	0:27:29	Club Atletismo Occidente Navia	Navia
76	415NOEL SAHÚN FERNANDEZ	SNM- 33	0:38:04	0:03:490:38:01	0:03:49 0:11:52	0:27:11	Linea de Meta	luanco
77	175JAVIER BASARTE ALBERTOS	VTCM- 7	0:38:06	0:03:490:38:06	0:03:49 0:12:16	0:27:44	TOSCAF-RECTA FINAL	LUGO DE LLANERA
78	416IGNACIO VILLAR LÓPEZ	VTCM- 8	0:38:08	0:03:490:38:05	0:03:49 0:12:59	0:28:15	Linea de Meta	Oviedo
79	34PABLO PADILLA GONZALEZ	VTAM- 14	0:38:08	0:03:490:38:05	0:03:49 0:12:00	0:27:31	AVILES ATLETISMO ELECTRONICA RATO	Aviles
80	399IVÁN SUÁREZ PARADES	SNM- 34	0:38:08	0:03:490:38:04	0:03:49 0:12:31	0:28:00		OVIEDO
81	164CARLOS MARTINEZ SOTO	SNM- 35	0:38:09	0:03:490:38:09	0:03:49 0:12:22	0:27:52	S.C.D. RIBADESELLA	RIBADESELLA
82	78FERNANDO ATIENZA BODES	SNM- 36	0:38:12	0:03:500:38:09	0:03:49 0:12:07	0:27:36	CORDURAPIPI	Gijon
83	419ISAAC DEL VALLE RGUEZ.-NORIEGA	VTBM- 15	0:38:12	0:03:500:38:12	0:03:50 0:12:14	0:27:53	PILOÑA DEPORTE	INFUESTO
84	11ESTHER RODRÍGUEZ DÍEZ	F- 4 SNF- 4	0:38:14	0:03:500:38:11	0:03:50 0:12:01	0:27:33		Cuencu, Cangas de Onís
85	31ANTONIO RIVAS ABASCAL	VTFM- 1	0:38:14	0:03:500:38:13	0:03:50 0:12:16	0:27:53	AT ESPAÑA DE CUETO	MURIEDAS
86	96JESUS MANUEL GARCIA GARCIA	VTCM- 9	0:38:17	0:03:500:38:17	0:03:50 0:12:25	0:27:57	Esnova Gijón	TAMON
87	314ENRIQUE RODRIGUEZ VEGA	VTCM- 10	0:38:19	0:03:500:38:16	0:03:50 0:12:20	0:27:52		NAVIA
88	259JOSE MANUEL GARCIA PEREZ	SNM- 37	0:38:20	0:03:500:38:17	0:03:50 0:12:11	0:27:49		Gijón
89	90MARCOS SOBRADILLO SANCHEZ	SNM- 38	0:38:22	0:03:510:38:14	0:03:50 0:12:30	0:27:53	DESNIVEL %	Pola de Laviana
90	44FRANCISCO JAVIER BUENO MAYO	VTAM- 15	0:38:33	0:03:520:38:30	0:03:51 0:12:37	0:28:16	C.A. Els Sitges	Oviedo
91	242JOSE MARIA FERNANDEZ ALVAREZ	SNM- 39	0:38:33	0:03:520:38:30	0:03:51 0:12:09	0:27:53		PRAVIA
92	106JULIO MARTÍNEZ FEO	VTBM- 16	0:38:37	0:03:520:38:22	0:03:51 0:13:04	0:28:11	GMEA TRAIL DEPORTES PARDO	AVILES
93	311FRANCISCO RODRIGUEZ ALVAREZ	VTAM- 16	0:38:39	0:03:520:38:39	0:03:52 0:12:21	0:27:55		LA FRESNEDA - SIERO
94	226JOSÉ CARLOS CORRAL FERNÁNDEZ	SNM- 40	0:38:42	0:03:530:38:38	0:03:52 0:12:35	0:28:12		Campomanes (Lena)
95	12BLANCA MAR BLANCO JUBETE	F- 5 VTBF- 1	0:38:45	0:03:530:38:43	0:03:53 0:12:14	0:27:55	AVILES ATLETISMO ELECTRONICA RATO	Aviles
96	411JESÚS ANTONIO VALLES DÍEZ	VTDM- 3	0:38:54	0:03:540:38:45	0:03:53 0:12:43	0:28:18	Club Triatlón Oviedo	Oviedo
97	55ENRRIQUE GONZALEZ RODRIGUEZ	VTAM- 17	0:38:57	0:03:540:38:54	0:03:54 0:12:38	0:28:18	Club atletismo Mieres	MIERES
98	283VICENTE MARTINEZ BARBE	VTDM- 4	0:38:58	0:03:540:38:52	0:03:54 0:12:35	0:28:12		GIJON
99	170RAUL GEIJO CANDANEDO	VTAM- 18	0:38:59	0:03:540:38:59	0:03:54 0:11:40	0:26:31	TIEMPO BIKE	GIJON
100	135LUIS RAMON FERNANDEZ SUAREZ	VTEM- 2	0:39:01	0:03:550:38:59	0:03:54 0:12:15	0:28:08O-5884	OVIEDO KAYAK FEVE	OVIEDO
101	124ALBERTO GARCIA GARCIA	VTAM- 19	0:39:04	0:03:550:38:56	0:03:54 0:12:34	0:28:19	OCLE	Candas
102	369JOSÉ LUIS IGLESIAS PASCUAL	VTBM- 17	0:39:07	0:03:550:39:02	0:03:55 0:13:01	0:28:38		Posada de Llanera
103	152MAXI GONZALEZ CONDE	VTCM- 11	0:39:07	0:03:550:39:06	0:03:55 0:12:43	0:28:35	S.C.D. RIBADESELLA	RIBADESELLA
104	57JAVIER ALCALA BONED	VTBM- 18	0:39:08	0:03:550:39:03	0:03:55 0:12:38	0:28:24	Club atletismo Mieres	santa eulalia de morcin
105	50JAVIER RODRIGUEZ BURGUEÑO	VTCM- 12	0:39:09	0:03:550:39:03	0:03:55 0:12:46	0:28:32	Centro Asturiano de Oviedo	Oviedo
106	309GORKA ROBLEDO PRIETO	VTAM- 20	0:39:11	0:03:560:39:03	0:03:55 0:13:13	0:28:57		CERVERA DE PISUERGA
107	412JUAN JOSÉ SENÍS MUÑIZ	VTEM- 3	0:39:12	0:03:560:39:08	0:03:55 0:12:42	0:28:21	Feve Oviedo Kayak	Oviedo
108	151PABLO VALDÉS ÁLVAREZ	VTBM- 19	0:39:12	0:03:560:39:10	0:03:55 0:13:00	0:28:38	S.C.D. RIBADESELLA	oviedo
109	119RAUL MARTIN MUÑEZ	VTAM- 21	0:39:17	0:03:560:39:09	0:03:55 0:12:52	0:28:43	NAVA ATLETISMO	LUGONES
110	95FRANCISCO DELGADO CHAMORRO	VTDM- 5	0:39:19	0:03:560:39:15	0:03:56 0:13:02	0:28:59	Esnova Gijón	LUANCO

111	101PEDRO JOSÉ ARDUENGO CUESTA	VTAM- 22	0:39:26	0:03:57:0:39:17	0:03:56 0:12:53	0:28:44	Estadio Gijón Atletismo	Oviedo
112	421GREGORIO DIAZ GONZALEZ	VTCM- 13	0:39:28	0:03:57:0:39:20	0:03:56 0:12:52	0:28:44	triathlon oviedo	oviedo
113	371XABIER LASAGA TELLETXEA	SNM- 41	0:39:29	0:03:57:0:39:23	0:03:57 0:12:31	0:28:34		Lezo
114	105MAXIMINO MENEDEZ GONZALEZ	VTBM- 20	0:39:29	0:03:57:0:39:23	0:03:57 0:13:06	0:28:58	Galgalugones	SIERO
115	92JOSE MANUEL CAMPAL LOPEZ	PRM- 4	0:39:35	0:03:58:0:39:31	0:03:58 0:13:01	0:28:53	Esnova Gijón	Gijon
116	53ALVARO TORRE MIYAR	SNM- 42	0:39:36	0:03:58:0:39:35	0:03:58 0:11:46	0:28:15	CLUB ATLETICO POLANCO	CABEZON DE LA SAL
117	240JAVIER MARCELO ESTEBAN LÓPEZ	VTAM- 23	0:39:42	0:03:59:0:39:36	0:03:58 0:12:39	0:28:39		gijon
118	262DAVID GARGANTIEL HERVAS	SNM- 43	0:39:45	0:03:59:0:39:41	0:03:59 0:12:20	0:28:32		Gijon
119	58ISAAC BARRAGAN LUQUE	SNM- 44	0:39:47	0:03:59:0:39:42	0:03:59 0:12:47	0:28:49	Club atletismo Mieres	moreda de aller
120	138MANUEL MARINO FERNANDEZ GONZALEZ	SNM- 45	0:39:54	0:04:00:0:39:43	0:03:59 0:13:17	0:29:31	PILOÑA DEPORTE	infiesto - piloña
121	212MONICA ARIAS VAZQUEZ	F- 6 VTBF- 2	0:40:00	0:04:00:0:39:56	0:04:00 0:12:44	0:28:53		GIJON
122	218ERNESTO BUERES CUETO	VTBM- 21	0:40:00	0:04:00:0:39:56	0:04:00 0:12:44	0:28:53		gijon
123	86JOSE IGNACIO RODRIGUEZ ALEGRE	SNM- 46	0:40:00	0:04:00:0:39:53	0:04:00 0:13:22	0:29:29	CORRESIERO	pola de siero
124	244SERVANDO FERNANDEZ CARROCERA	VTBM- 22	0:40:05	0:04:01:0:39:59	0:04:00 0:13:14	0:29:08		Avilés
125	150LEANDRO SANMARTIN PELAEZ	VTAM- 24	0:40:08	0:04:01:0:40:04	0:04:01 0:13:06	0:29:17	S.C.D. RIBADESELLA	RIBADESELLA
126	308MIGUEL ANGEL RIVAS GARCÍA	VTAM- 25	0:40:08	0:04:01:0:39:56	0:04:00 0:13:20	0:29:18		Luanco
127	123JOSE MANUEL MENÉNDEZ COTO	VTCM- 14	0:40:08	0:04:01:0:40:03	0:04:01 0:12:53	0:29:11	Ochobre	El Entrego
128	21XOSE MARIA MARTINEZ PEREZ	SNM- 47	0:40:09	0:04:01:0:39:54	0:04:00 0:13:07	0:29:31	2007LLANERA	TRUBIA
129	116JAVIER LOPEZ ALONSO	VTAM- 26	0:40:10	0:04:01:0:40:09	0:04:01 0:12:36	0:29:12	MASTER SPORT	CANDAS
130	266LUIS ALBERTO GONZALEZ ALVAREZ	VTCM- 15	0:40:11	0:04:02:0:40:06	0:04:01 0:12:55	0:29:18		OVIEDO
131	104ALONSO GARRIDO CASTRO	VTCM- 16	0:40:15	0:04:02:0:40:05	0:04:01 0:13:21	0:29:36	Galgalugones	Lugones-Siero
132	237LUIS ELADIO DIAZ RODRIGUEZ	VTCM- 17	0:40:17	0:04:02:0:40:10	0:04:01 0:13:17	0:29:29		Gijon
133	107FRANCISCO FERNÁNDEZ CALAVIA	VTDM- 6	0:40:25	0:04:03:0:40:15	0:04:02 0:13:24	0:29:31	GRASIAS	AVILES
134	206JAVIER ALVAREZ MARTINEZ	VTBM- 23	0:40:28	0:04:03:0:40:26	0:04:03 0:12:45	0:29:30		Avilés
135	291IVAN MENDEZ CAMPA	SNM- 48	0:40:29	0:04:03:0:40:25	0:04:03 0:13:02	0:29:34		oviedo
136	126PABLO MENÉNDEZ DE LUARCA	VTFM- 2	0:40:30	0:04:03:0:40:19	0:04:02 0:13:19	0:29:36	OCLE	Soto del Barco
137	153IGNACIO CARRIL DEL RIO	PRM- 5	0:40:33	0:04:04:0:40:31	0:04:04 0:12:19	0:29:08	S.C.D. RIBADESELLA	RIBADESELLA
138	235LUIS DIAZ COLLIN	VTAM- 27	0:40:34	0:04:04:0:40:30	0:04:03 0:13:04	0:29:31		
139	89OLIVER MARTINEZ BIESCA	VTAM- 28	0:40:35	0:04:04:0:40:26	0:04:03 0:12:49	0:29:10	DESNIVEL %	POLA LAVIANA
140	356LADISLAO GALLARDO FRA	VTBM- 24	0:40:37	0:04:04:0:40:37	0:04:04 0:13:57	0:30:21		Gijon
141	430LAUREANO CASTAÑO SUÁREZ	PRM- 6	0:40:37	0:04:04:0:40:33	0:04:04 0:14:13	0:30:22		GIJÓN
142	199JOSE RAMON ALONSO RODRÍGUEZ	VTAM- 29	0:40:39	0:04:04:0:40:28	0:04:03 0:13:28	0:29:52		GIJON
143	13TENSI POSADA ALAS	F- 7 VTCF- 1	0:40:43	0:04:05:0:40:41	0:04:05 0:13:02	0:29:36	S.C.D. RIBADESELLA	Ribadesella
144	165MIGUEL ANGEL TIRADOR BADA	SNM- 49	0:40:44	0:04:05:0:40:39	0:04:04 0:13:03	0:29:35	S.C.D. RIBADESELLA	
145	191LUIS ADOLFO MENEDEZ COTO	VTAM- 30	0:40:46	0:04:05:0:40:43	0:04:05 0:13:00	0:29:30		GIJON
146	322ANGEL SANCHEZ PEON	VTDM- 7	0:40:48	0:04:05:0:40:40	0:04:04 0:13:14	0:29:20		POSADA DE LLANES
147	389MIGUEL ANGEL RODRÍGUEZ FERNANDEZ	VTCM- 18	0:40:49	0:04:05:0:40:36	0:04:04 0:13:07	0:29:30		gijon
148	166PEDRO MIGUEL VEGA CABRERA	VTCM- 19	0:40:50	0:04:05:0:40:33	0:04:04 0:13:25	0:29:45	S.C.D. RIBADESELLA	RIBADESELLA
149	285ENRIQUE MARTINEZ DIAZ	VTBM- 25	0:40:50	0:04:05:0:40:40	0:04:04 0:13:17	0:29:42		Mollada
150	339WILLIAM AUBREY	VTBM- 26	0:40:50	0:04:05:0:40:41	0:04:05 0:13:27	0:29:59		Arriondas, Parres
151	372GABRIEL LEDO SUAREZ	SNM- 50	0:40:50	0:04:05:0:40:40	0:04:04 0:13:44	0:30:04		
152	275ALVARO IGLESIAS SANZ	SNM- 51	0:40:52	0:04:06:0:40:41	0:04:05 0:13:45	0:30:05		gijon
153	145VICENTE SALVADOR CANDUELA	VTDM- 8	0:40:54	0:04:06:0:40:52	0:04:06 0:13:14	0:29:53	RUNNING AGUILAR	AGUILAR DE CAMPOO
154	125JULIO CESAR NAVES RIVERO	VTAM- 31	0:40:58	0:04:06:0:40:54	0:04:06 0:12:52	0:29:38	OCLE	GIJON
155	46JAVIER GOROSTIDI PÉREZ	VTBM- 27	0:41:00	0:04:06:0:40:54	0:04:06 0:13:19	0:29:47	CANGAS DE ONIS ATLETISMO	CANGAS DE ONIS
156	403ALFONSO VAZQUEZ ALVAREZ	VTAM- 32	0:41:04	0:04:07:0:40:53	0:04:06 0:13:36	0:30:07		Oviedo
157	122JOSE LUIS LOBO SUAREZ	VTEM- 4	0:41:05	0:04:07:0:41:00	0:04:06 0:13:22	0:29:54	Ochobre	El Entrego
158	162JUAN MANUEL DIAZ RIVA	VTBM- 28	0:41:14	0:04:08:0:41:06	0:04:07 0:13:37	0:30:11	S.C.D. RIBADESELLA	RIBADESELLA
159	307DAVID GASTÓN RIBADAS MELERO	SNM- 52	0:41:16	0:04:08:0:40:52	0:04:06 0:14:14	0:30:27		PECHÓN
160	417ISMAEL SUAREZ ARMAS	VTAM- 33	0:41:21	0:04:09:0:41:05	0:04:07 0:13:28	0:30:02	OCLE	GIJON
161	263ALBERTO GÓMEZ CABO	SNM- 53	0:41:24	0:04:09:0:41:16	0:04:08 0:13:47	0:30:23		Torrelavega
162	99MANUEL JESUS VALLINA SANCHEZ	VTDM- 9	0:41:31	0:04:10:0:41:28	0:04:09 0:13:16	0:29:59	Esnova Gijón	GIJON
163	292VICTOR MENEDEZ TRIVER	SNM- 54	0:41:35	0:04:10:0:41:30	0:04:09 0:12:57	0:30:03		GIJON
164	26DIEGO JOSE PINO LLAMAZARES	SNM- 55	0:41:38	0:04:10:0:41:31	0:04:10 0:13:45	0:30:24	A.D. XENTE CORRENDERA	OVIEDO
165	38MONICA DE LA FUENTE SANTOS	F- 8 VTAF- 1	0:41:41	0:04:11:0:41:27	0:04:09 0:13:51	0:30:32L-4244	C. D. ATLETISMO LA BAÑEZA	LA BAÑEZA
166	331GUILLERMO VISO ALVAREZ	SNM- 56	0:41:42	0:04:11:0:41:37	0:04:10 0:13:06	0:30:21		ribera de arriba
167	120FRAN ARGÜELLES VIÑA	SNM- 57	0:41:42	0:04:11:0:41:35	0:04:10 0:13:11	0:30:02	NOREÑA ATLETISMO	Noreña
168	190DIEGO LLORENTE DIAZ	SNM- 58	0:41:43	0:04:11:0:41:33	0:04:10 0:13:44	0:30:34		SIERO

169	346MIGUEL CASQUERO COSIO	SNM- 59	0:41:43	0:04:110:41:35	0:04:10 0:13:44	0:30:33		POLA DE SIERO
170	76DAMASO SUAREZ GONZALEZ	VTAM- 34	0:41:45	0:04:110:41:35	0:04:10 0:13:38	0:30:24	COLUNGA ATLETISMO JURASICO	COLUNGA
171	194JOSÉ IGNACIO AGUIRRE FERNÁNDEZ	VTCM- 20	0:41:50	0:04:110:41:35	0:04:10 0:13:52	0:30:33		OVIEDO
172	51JUAN LUIS SANCHEZ FERNANDEZ	VTBM- 29	0:41:51	0:04:120:41:36	0:04:10 0:14:03	0:30:48	CHANWAS	Avilés
173	115JOAQUIN DEL CUADRO	VTAM- 35	0:41:53	0:04:120:41:50	0:04:11 0:13:27	0:30:29	LOS MORGALINOS	Gijón
174	248SERGIO FERNÁNDEZ LÓPEZ	SNM- 60	0:41:54	0:04:120:41:49	0:04:11 0:13:15	0:30:13		Gijón
175	142JOSÉ MARÍA LANDA RIERA	VTAM- 36	0:41:57	0:04:120:41:55	0:04:12 0:13:41	0:30:36	R.C.A.R.	Gijón
176	341PATXI BLANCO LOPEZ	VTAM- 37	0:41:59	0:04:120:41:29	0:04:09 0:14:58	0:31:31		ZUMAIA
177	348JOSE DOMINGO GARCIA	VTAM- 38	0:41:59	0:04:120:41:56	0:04:12 0:13:04	0:30:14		burgos
178	295MANUEL NAJERA-ALESON	VTEM- 5	0:42:06	0:04:130:41:52	0:04:12 0:13:23	0:30:24		GIJON
179	188JOSE ENRIQUE ACEVEDO PÉREZ	VTCM- 21	0:42:10	0:04:130:41:51	0:04:12 0:13:48	0:30:41		Noreña
180	208GERARDO ÁLVAREZ MENÉNDEZ	SNM- 61	0:42:11	0:04:140:42:09	0:04:13 0:13:00	0:30:21		pravia
181	196ISMAEL ALONSO DAGO	VTDM- 10	0:42:13	0:04:140:42:05	0:04:13 0:13:51	0:30:45		GIJON
182	440JUAN JOSE PORRAS FERNANDEZ	VTBM- 30	0:42:15	0:04:140:41:56	0:04:12 0:14:36	0:31:17		AVILES
183	366VOLKER HENGESBACH	VTAM- 39	0:42:15	0:04:140:42:00	0:04:12 0:13:51	0:30:40		OVIEDO
184	180VICTORIANO FERNANDEZ FOYO	VTAM- 40	0:42:15	0:04:140:42:00	0:04:12 0:13:50	0:30:38	TOSCAF-RECTA FINAL	-
185	383JOSE LUIS PRIETO BELTRAN	SNM- 62	0:42:17	0:04:140:41:58	0:04:12 0:14:33	0:31:18		GIJON
186	305FRANCISCO PRIETO BELTRAN	SNM- 63	0:42:17	0:04:140:41:58	0:04:12 0:14:01	0:31:08		gijon
187	273SAÚL HEVIA FERNANDEZ	SNM- 64	0:42:19	0:04:140:41:58	0:04:12 0:14:08	0:31:10		Oviedo
188	60FRANCISCO JOSÉ AMOR MARTÍNEZ	VTDM- 11	0:42:27	0:04:150:42:23	0:04:15 0:13:42	0:30:45	Club Atletismo Occidente Navia	Navia
189	367HUGO HEVIA FERNANDEZ	VTAM- 41	0:42:30	0:04:150:42:10	0:04:13 0:14:08	0:31:09		OVIEDO
190	370FERNANDO IZQUIERDO GARCÍA	VTAM- 42	0:42:37	0:04:160:42:19	0:04:14 0:14:35	0:31:07		Gijón
191	233ROMAN DIAZ AMEAL	PRM- 7	0:42:41	0:04:170:42:27	0:04:15 0:14:35	0:31:16		Gijon
192	254DAVID FONTIVEROS LAVIANA	SNM- 65	0:42:45	0:04:170:42:33	0:04:16 0:13:56	0:31:15		el Entrego
193	229JAVIER CUEVAS ALVAREZ	SNM- 66	0:42:49	0:04:170:42:36	0:04:16 0:13:56	0:31:14		Gijón
194	69FRANCISCO ALVAREZ DOAMO	VTFM- 3	0:42:50	0:04:170:42:49	0:04:17 0:13:27	0:30:52AS2956	Club Deportivo Esbardu	GIJON
195	402LUIS VARELA RIESGO	VTBM- 31	0:42:51	0:04:180:42:51	0:04:18 0:13:02	0:30:55		AVILES
196	289MIGUEL ANGEL MEDIAVILLA FERNANDEZ	SNM- 67	0:42:53	0:04:180:42:35	0:04:16 0:14:01	0:30:57		GIJON
197	133JESUS ALVAREZ SUAREZ	VTEM- 6	0:42:55	0:04:180:42:49	0:04:17 0:13:58	0:31:19O-6276	OVIEDO KAYAK FEVE	Oviedo
198	300OSCAR PALOMERO MARTÍN	VTAM- 43	0:42:57	0:04:180:42:44	0:04:17 0:14:10	0:31:40		Gijón
199	121MARCOS MENENDEZ FRESNEDA	VTAM- 44	0:43:00	0:04:180:42:45	0:04:17 0:14:07	0:31:39	Novatos 08	Bilbao
200	350AVELINO FAES ABOLI	VTAM- 45	0:43:02	0:04:190:42:52	0:04:18 0:13:40	0:31:12		AVILES
201	358RUBEN GARCIA LUGONES	SNM- 68	0:43:02	0:04:190:42:50	0:04:17 0:13:51	0:31:17		gijon
202	318LUIS RUIZ DIAZ	VTDM- 12	0:43:04	0:04:190:43:02	0:04:19 0:14:49	0:32:07		Avilés
203	110CARLOS GARCIA GARCIA	VTEM- 7	0:43:10	0:04:190:43:06	0:04:19 0:13:50	0:31:16	KM. 0	OVIEDO
204	325GODOFREDO SUAREZ FERNANDEZ	VTCM- 22	0:43:11	0:04:200:42:53	0:04:18 0:14:42	0:31:59		OVIEDO
205	260JUAN GARCIA PEREZ	JNM- 2	0:43:19	0:04:200:43:17	0:04:20 0:13:38	0:31:43		Gijon
206	277FERNANDO LAGO LAMAS	VTAM- 46	0:43:21	0:04:210:43:05	0:04:19 0:14:37	0:31:51		Oviedo
207	258MIGUEL GARCÍA CARBALLIDO	SNM- 69	0:43:29	0:04:210:43:26	0:04:21 0:13:38	0:31:20		Gijón
208	157JAIRO PEREZ MARTINEZ	VTAM- 47	0:43:29	0:04:210:43:24	0:04:21 0:13:39	0:31:21	S.C.D. RIBADESELLA	RIBADESELLA
209	227EDUARDO CORRALES MORENO	SNM- 70	0:43:32	0:04:220:43:08	0:04:19 0:14:58	0:32:17		Gijon
210	446JUAN PRADA HORCHE	VTDM- 13	0:43:34	0:04:220:43:28	0:04:21 0:14:40	0:32:10		MERES
211	377PABLO MARTINEZ MAHAMUD	VTBM- 32	0:43:39	0:04:220:43:23	0:04:21 0:14:04	0:31:52		CARRIAZO
212	392ALBERTO RODRIGUEZ RODRIGUEZ	SNM- 71	0:43:41	0:04:230:43:21	0:04:21 0:14:07	0:31:25		LUGONES
213	74FRANCISCO JOSE BALBIN RODRIGUEZ	VTEM- 8	0:43:43	0:04:230:43:16	0:04:20 0:15:00	0:32:03	COLUNGA ATLETISMO JURASICO	COLUNGA
214	234FERMIN DIAZ ARBESU	VTBM- 33	0:43:45	0:04:230:43:20	0:04:20 0:15:20	0:32:57		SIERO
215	100SILVIA GARCIA CASTRO	F- 9 VTBFB- 3	0:43:47	0:04:230:43:38	0:04:22 0:14:21	0:31:52	Estadio Gijón Atletismo	ALLER
216	61FRANCISCO JOSÉ CASTRO MANSO	VTDM- 14	0:43:49	0:04:230:43:46	0:04:23 0:14:22	0:31:50	Club Atletismo Occidente Navia	Navia
217	431JOSÉ ANTONIO SÁNCHEZ RODRÍGUEZ	VTBM- 34	0:43:50	0:04:230:43:43	0:04:23 0:13:36	0:31:41		Gijón
218	281JOSE ALBERTO LOPEZ MENENDEZ	JNM- 3	0:43:51	0:04:240:43:51	0:04:24 0:12:50	0:32:06		LA FRESNEDA - SIERO
219	253ADRIAN FERRERAS Riestra	SNM- 72	0:43:55	0:04:240:43:29	0:04:21 0:15:18	0:32:18		Gijon
220	434JOSE MANUEL ANAYA MATEOS	SNM- 73	0:43:55	0:04:240:43:37	0:04:22 0:14:40	0:32:13		Gijon
221	213ÁNGEL BALEA VÁZQUEZ	VTAM- 48	0:43:59	0:04:240:43:54	0:04:24 0:14:38	0:32:22		Piedras Blancas
222	70ADRIAN MARTINEZ ALONSO	SNM- 74	0:44:00	0:04:240:43:50	0:04:23 0:14:51	0:32:28	CLUB DEPORTIVO VILLA DE CASTROCON	Avilés
223	224JUAN CARLOS CASTRO MARTINEZ	VTBM- 35	0:44:02	0:04:250:43:52	0:04:24 0:13:42	0:32:01		GIJON
224	15ELSA ORTEGA IZQUIERDO	F- 10VTBF- 4	0:44:05	0:04:250:43:58	0:04:24 0:14:47	0:32:27	CHANWAS	Avilés
225	268SISEBUTO GONZÁLEZ GÓMEZ	VTEM- 9	0:44:06	0:04:250:44:04	0:04:25 0:14:11	0:32:15		Reinosa
226	192MIGUEL ANGEL COVIAN RODRIGUEZ	VTBM- 36	0:44:09	0:04:250:44:06	0:04:25 0:13:57	0:32:08		Cancienes Corvera

227	438ALEJANDRO PRIETO TORTOSA	VTBM- 37	0:44:10	0:04:25:0:43:48	0:04:23 0:15:38	0:32:46		CANGAS DE ONIS
228	401JOSE TEVA PRADO	VTCM- 23	0:44:13	0:04:26:0:44:13	0:04:26 0:14:49	0:32:32		noreña
229	156SAUL MIER RIQUE	SNM- 75	0:44:17	0:04:26:0:44:05	0:04:25 0:14:50	0:32:28	S.C.D. RIBADESELLA	RIBADESELLA
230	77ABEL MENENDEZ GARCIA	SNM- 76	0:44:19	0:04:26:0:43:56	0:04:24 0:15:08	0:32:40	COLUNGA ATLETISMO JURASICO	GIJON
231	169FRANCISCO HERNANDEZ FERNANDEZ	SNM- 77	0:44:21	0:04:27:0:44:16	0:04:26 0:13:54	0:32:23	Sport Miengo	MOGRO, MIENGO
232	375RUBEN LÓPEZ POLVORINOS	SNM- 78	0:44:21	0:04:27:0:43:59	0:04:24 0:14:50	0:32:29		Pravia
233	200LUIS MANUEL ALVAREZ ALVAREZ	VTAM- 49	0:44:21	0:04:27:0:44:00	0:04:24 0:14:50	0:32:29		Tineo
234	103VALENTIN BERNARDOS RONQUILLO	VTAM- 50	0:44:23	0:04:27:0:44:08	0:04:25 0:14:31	0:32:35	Galgalugones	LUGONES(SIERO)
235	228RAFAEL CRECENTE GONZÁLEZ	SNM- 79	0:44:24	0:04:27:0:44:04	0:04:25 0:14:20	0:32:21		Oviedo
236	45JOSE IGNACIO ALONSO DEL CUETO	VTBM- 38	0:44:25	0:04:27:0:44:19	0:04:26 0:14:03	0:32:16	CANGAS DE ONIS ATLETISMO	CANGAS DE ONIS
237	23JOSE ANTONIO GONZALEZ FOYO	VTDM- 15	0:44:27	0:04:27:0:44:13	0:04:26 0:14:41	0:32:26	2007LLANERA	oviedo
238	257EDUARDO GARCIA BUSTO	VTBM- 39	0:44:28	0:04:27:0:44:16	0:04:26 0:14:47	0:32:28		oviedo
239	320PABLO SÁNCHEZ GONZÁLEZ	SNM- 80	0:44:29	0:04:27:0:44:22	0:04:27 0:14:01	0:32:22		Pola de Siero
240	109FRANCISCO ELADIO DIAZ GARCIA	VTBM- 40	0:44:29	0:04:27:0:44:07	0:04:25 0:15:01	0:32:45	GRASIAS	SAN JUAN DE LA ARENA
241	395CRISTINA ROZA VEGA	F- 11SNF- 5	0:44:31	0:04:28:0:44:29	0:04:27 0:14:12	0:32:16		
242	391SAUL RODRIGUEZ PEREZ	VTAM- 51	0:44:31	0:04:28:0:44:27	0:04:27 0:14:12	0:32:15		
243	429DAVID FERNANDEZ MARTINEZ	VTAM- 52	0:44:35	0:04:28:0:44:22	0:04:27 0:14:00	0:32:07		Gijon
244	379JOSU O CERIN MEZO	VTBM- 41	0:44:35	0:04:28:0:44:08	0:04:25 0:14:42	0:32:33		Gernika
245	294BENJAMÍN MIRANDA BARBÓN	VTAM- 53	0:44:35	0:04:28:0:44:23	0:04:27 0:14:02	0:32:08		GIJON
246	161EMILIA CUETARA MENENDEZ	F- 12VTCF- 2	0:44:36	0:04:28:0:44:27	0:04:27 0:13:57	0:32:13	S.C.D. RIBADESELLA	RIBADESELLA
247	324MIGUEL SARTAGO COLLADA	VTAM- 54	0:44:37	0:04:28:0:44:16	0:04:26 0:14:41	0:32:41		Villaviciosa
248	284JORGE MARTINEZ DIAZ	VTAM- 55	0:44:38	0:04:28:0:44:27	0:04:27 0:14:22	0:32:35		trasona corvera de asturias
249	255RUBEN FRANCISCO NAVA	VTDM- 16	0:44:41	0:04:29:0:44:25	0:04:27 0:14:27	0:32:34		CANGAS DE ONIS
250	334RICARDO ALVAREZ FERNANDEZ	VTCM- 24	0:44:42	0:04:29:0:44:32	0:04:28 0:14:21	0:32:17		OVIEDO
251	256RUBEN GALLEGU GONZALEZ	VTAM- 56	0:44:43	0:04:29:0:44:26	0:04:27 0:14:30	0:32:36		OVIEDO
252	439MANUEL ADOLFO CORONAS DURAN	VTAM- 57	0:44:43	0:04:29:0:44:28	0:04:27 0:14:09	0:32:23		GIJON
253	195ALBERTO ALONSO ALVAREZ	SNM- 81	0:44:45	0:04:29:0:44:31	0:04:28 0:14:32	0:32:43		GIJON
254	146RUBEN AVIN PIÑERO	SNM- 82	0:44:47	0:04:29:0:44:38	0:04:28 0:14:37	0:32:54	S.C.D. RIBADESELLA	RIBADESELLA
255	264JOSE LUIS GONZALEZ ALONSO	VTEM- 10	0:44:47	0:04:29:0:44:47	0:04:29 0:14:13	0:32:15		REINOSA
256	276JORGE IRAZABAL PINO	SNM- 83	0:44:50	0:04:29:0:44:22	0:04:27 0:16:16	0:33:23		Gijon
257	280PABLO ROBERTO LÓPEZ MARAÑÓN	SNM- 84	0:44:52	0:04:30:0:44:37	0:04:28 0:14:51	0:33:02		Gijón
258	342ANDRES BORRAJO DEL RIO	VTDM- 17	0:44:52	0:04:30:0:44:40	0:04:28 0:14:50	0:32:44		
259	345ANTONIO CASADO TORO	VTAM- 58	0:44:53	0:04:30:0:44:29	0:04:27 0:14:58	0:32:45		AVILES
260	81Mª GABRIELA GONZALEZ DE LA LOSA	F- 13VTCF- 3	0:44:53	0:04:30:0:44:49	0:04:29 0:13:58	0:32:13	CORRE CON NOSOTRAS	ASTURIAS
261	221IGNACIO CARVAJAL URUEÑA	VTDM- 18	0:44:56	0:04:30:0:44:44	0:04:29 0:14:54	0:32:54		OVIEDO
262	27ANGEL LUIS RODRIGUEZ MARTINEZ	VTFM- 4	0:44:59	0:04:30:0:44:53	0:04:30 0:14:34	0:32:33	AÑARES - RIOJA	LOGROÑO
263	413PABLO MORALES SANMARTIN	VTAM- 59	0:45:01	0:04:31:0:44:43	0:04:29 0:15:38	0:33:14	La Santina	Oviedo
264	222JUAN MANUEL CASTAÑO SUÁREZ	VTBM- 42	0:45:03	0:04:31:0:44:59	0:04:30 0:14:25	0:32:38		Gijón
265	87JUAN CARLOS SANCHEZ PARENTE	VTBM- 43	0:45:05	0:04:31:0:44:48	0:04:29 0:15:02	0:33:03	CORRESIERO	POLA DE SIERO
266	313ÓSCAR RODRÍGUEZ FANDIÑO	SNM- 85	0:45:10	0:04:31:0:44:58	0:04:30 0:14:44	0:32:53		gijon
267	112FELIPE LOPEZ ACES	SNM- 86	0:45:15	0:04:32:0:44:59	0:04:30 0:15:37	0:33:26	La Santina	
268	251JOSE ANTONIO FERNÁNDEZ SÁNCHEZ	VTBM- 44	0:45:17	0:04:32:0:45:17	0:04:32 0:14:33	0:32:56		GIJÓN
269	321MARIÁN SÁNCHEZ INFANZÓN	F- 14VTBF- 5	0:45:20	0:04:32:0:45:12	0:04:32 0:14:12	0:32:38		GIJÓN
270	230EVARISTO DEL LLANO FERNANDEZ	SNM- 87	0:45:23	0:04:33:0:45:07	0:04:31 0:14:32	0:32:36		OVIEDO
271	261ANGEL GARCÍA PÉREZ	VTCM- 25	0:45:25	0:04:33:0:45:22	0:04:33 0:14:26	0:33:02		Navia
272	398JOSE MANUEL SUAREZ GARCIA	VTAM- 60	0:45:27	0:04:33:0:45:07	0:04:31 0:15:18	0:33:25		GIJON
273	306FELIPE RECIO CONDE	VTAM- 61	0:45:28	0:04:33:0:45:07	0:04:31 0:15:17	0:33:25		GIJON
274	85JOSÉ RAMÓN QUIRÓS RODRÍGUEZ	VTBM- 45	0:45:29	0:04:33:0:45:11	0:04:32 0:15:02	0:33:20	CORRESIERO	POLA DE SIERO
275	441SERGIO REZZONICO	VTBM- 46	0:45:31	0:04:34:0:45:23	0:04:33 0:13:26	0:32:31		RIBADESELLA
276	72ANTONIO ANGEL MIER RODRIGUEZ	VTBM- 47	0:45:32	0:04:34:0:45:25	0:04:33 0:14:08	0:32:39	CLUB ORIENTE ATLETISMO	POSADA DE LLANES
277	140SUSANA ALVAREZ CRESPO	F- 15VTAF- 2	0:45:32	0:04:34:0:45:21	0:04:33 0:15:17	0:33:34	PILOÑA DEPORTE	BELONCIO
278	347DANIEL COUSO BLANCO	VTBM- 48	0:45:34	0:04:34:0:45:27	0:04:33 0:14:35	0:33:01		Gijón
279	351IGNACIO FELGUEROSO VILLAVERDE	VTBM- 49	0:45:36	0:04:34:0:45:14	0:04:32 0:15:40	0:33:43		GIJON
280	329FERNANDO VELASCO GONZALEZ	VTAM- 62	0:45:38	0:04:34:0:45:18	0:04:32 0:15:38	0:33:43		ABADES
281	332RAFAEL ZANÓN MIQUEL	VTAM- 63	0:45:40	0:04:34:0:45:32	0:04:34 0:14:55	0:33:18		OVIEDO
282	32PABLO VILLAZON GONZALEZ	VTBM- 50	0:45:40	0:04:34:0:45:28	0:04:33 0:14:35	0:33:05	ATLETISMO VILLAVICIOSA EL GAITERO	VILLAVICIOSA
283	139ALEJANDRO ALONSO VEGA	SNM- 88	0:45:40	0:04:34:0:45:28	0:04:33 0:14:34	0:33:04	PILOÑA DEPORTE	villaviciosa
284	118ARCADIO FERNANDEZ GARCIA	SNM- 89	0:45:41	0:04:35:0:45:19	0:04:32 0:14:47	0:33:06	Naraval	Oviedo

285	108	ANDRES RODRIGUEZ MENDEZ	VTM- 26	0:45:42	0:04:35:0:45:20	0:04:32 0:15:17	0:33:32	GRASIAS	OVIEDO
286	360	PABLO GARCIA MERINO	VTBM- 51	0:45:43	0:04:35:0:45:33	0:04:34 0:14:31	0:33:11		GIJON
287	214	CONSUELO BEDIA GARCIA	F- 16VTAF- 3	0:45:43	0:04:35:0:45:33	0:04:34 0:14:33	0:33:12		gijon
288	363	MANUEL GONZÁLEZ GONZÁLEZ	SNM- 90	0:45:49	0:04:35:0:45:36	0:04:34 0:14:36	0:33:18		Oviedo
289	336	PEDRO ALVAREZ MARTINEZ	VTBM- 52	0:45:53	0:04:36:0:45:39	0:04:34 0:14:49	0:33:04		NOREÑA
290	232	JAVIER MODESTO DIAZ ALVAREZ	VTBM- 53	0:45:53	0:04:36:0:45:33	0:04:34 0:15:40	0:33:42		GIJON
291	279	EDUARDO LOPEZ COLLADO	VTAM- 64	0:45:54	0:04:36:0:45:39	0:04:34 0:14:55	0:33:32		
292	114	ALBERTO CASTELLÓ GARCÍA	SNM- 91	0:45:58	0:04:36:0:45:50	0:04:35 0:14:55	0:33:18	Los calambres	gijon
293	354	JOSE ANGEL FERNANDEZ MORILLO	SNM- 92	0:45:59	0:04:36:0:45:43	0:04:35 0:15:37	0:33:44		
294	432	CARLOS CONCHESO PANIAGUA	VTM- 27	0:45:59	0:04:36:0:45:42	0:04:35 0:15:27	0:33:39		Oviedo
295	362	IVAN GARCIA SUAREZ	VTAM- 65	0:45:59	0:04:36:0:45:44	0:04:35 0:15:14	0:33:39		LUARCA
296	381	ALVARO OTERO GUERRA	VTBM- 54	0:46:02	0:04:37:0:45:53	0:04:36 0:15:19	0:33:56		OVIEDO
297	323	VICTOR SANTURIO CASCON	VTBM- 55	0:46:02	0:04:37:0:45:35	0:04:34 0:14:59	0:33:18		GIJON
298	282	AGUSTIN LORENZANA CASCALLANA	VTBM- 56	0:46:07	0:04:37:0:45:46	0:04:35 0:15:22	0:33:50		GIJON
299	203	ALBERTO ALVAREZ GONZALEZ	VTAM- 66	0:46:24	0:04:39:0:46:11	0:04:38 0:14:55	0:33:37		GIJON
300	303	JOSE ANGEL PEREZ FERNANDEZ	VTBM- 57	0:46:25	0:04:39:0:46:04	0:04:37 0:15:39	0:34:04		Oviedo
301	209	SERGIO JOSE ALVAREZ OROZCO	SNM- 93	0:46:26	0:04:39:0:46:05	0:04:37 0:14:52	0:33:46		oviedo
302	437	MARCOS ALVAREZ OROZCO	VTAM- 67	0:46:27	0:04:39:0:46:05	0:04:37 0:14:53	0:33:47		OVIEDO
303	357	ISRAEL JOSE GARCIA CUEVA	VTAM- 68	0:46:28	0:04:39:0:46:10	0:04:37 0:15:29	0:33:56		Oviedo
304	16	MARIA ARANZAZU ARECHAGA BRAÑA	F- 17VTAF- 4	0:46:30	0:04:39:0:46:25	0:04:39 0:14:46	0:33:430-5785	OVIEDO KAYAK FEVE	OVIEDO
305	42	ANDRES SANTANA ROCES	JNM- 4	0:46:33	0:04:40:0:46:19	0:04:38 0:15:24	0:34:03	C.A. COLLANZO MIVECO 2004	SMRA
306	88	RAIMUNDO MARTIN SANCHEZ	VTAM- 69	0:46:34	0:04:40:0:46:18	0:04:38 0:15:32	0:34:46	CORRESIERO	POLA DE SIERO
307	43	JOSE SANTANA GARCIA	VTBM- 58	0:46:34	0:04:40:0:46:20	0:04:38 0:15:25	0:34:04	C.A. COLLANZO MIVECO 2004	el entrego
308	159	INMACULADA AMAS VALDES	F- 18VTBF- 6	0:46:39	0:04:40:0:46:36	0:04:40 0:14:40	0:33:40	S.C.D. RIBADESELLA	RIBADESELLA
309	67	RAQUEL JARABO VICENTE	F- 19SNF- 6	0:46:39	0:04:40:0:46:27	0:04:39 0:15:00	0:33:54	CLUB CAPRUS	Madrid
310	207	GUSTAVO ALVAREZ MENENDEZ	VTAM- 70	0:46:46	0:04:41:0:46:32	0:04:40 0:15:28	0:34:26		AVILÉS
311	388	NOEL RODRIGUEZ DIAZ	PRM- 8	0:46:50	0:04:41:0:46:35	0:04:40 0:15:25	0:34:06		MOREDA - ALLER
312	435	CLAUDIO DE LA RIVA ÁLVAREZ	VTBM- 59	0:46:52	0:04:42:0:46:36	0:04:40 0:15:27	0:34:16		Gijón
313	315	TOMAS RODRIGUEZ VIDAL	VTBM- 60	0:46:56	0:04:42:0:46:38	0:04:40 0:15:37	0:34:08		corvera
314	394	FERNANDO ROMERO ROMERO	VTBM- 61	0:46:58	0:04:42:0:46:36	0:04:40 0:15:28	0:34:18		Arriondas
315	113	JULIO FERNANDEZ MARTINEZ	VTFM- 5	0:46:59	0:04:42:0:46:50	0:04:41 0:16:03	0:34:30	libre	carreño
316	198	LUIS MIGUEL ALONSO MATEO	VTAM- 71	0:47:00	0:04:42:0:46:47	0:04:41 0:15:27	0:34:17		GIJÓN
317	335	MANUEL ALVAREZ FERNANDEZ	VTAM- 72	0:47:02	0:04:43:0:46:48	0:04:41 0:15:44	0:34:23		Cijon
318	382	LUIS MANUEL PARDO CASTAÑEDA	SNM- 94	0:47:04	0:04:43:0:46:55	0:04:42 0:14:33	0:33:38		TORRELAVEGA
319	333	JAVIER AGUILAR-GALINDO BUSTIO	VTM- 28	0:47:07	0:04:43:0:46:58	0:04:42 0:15:26	0:34:17		GIJÓN
320	270	ARMANDO GONZALEZ PEREZ	VTBM- 62	0:47:14	0:04:44:0:47:09	0:04:43 0:14:38	0:34:16		Oviedo
321	29	DANIEL RABANEDO FERNÁNDEZ	PRM- 9	0:47:15	0:04:44:0:46:59	0:04:42 0:15:19	0:34:18	Asturcón BTT	Oviedo
322	288	GERMAN MAYORA TORRE	VTM- 29	0:47:21	0:04:45:0:47:12	0:04:44 0:14:44	0:33:53		Cijon
323	163	FRANCISCO JAVIER GARAÑA GONZALEZ	VTM- 30	0:47:24	0:04:45:0:47:13	0:04:44 0:15:57	0:35:10	S.C.D. RIBADESELLA	RIBADESELLA
324	19	ISHIHARA CHISATO	F- 20VTCF- 4	0:47:27	0:04:45:0:47:20	0:04:44 0:15:17	0:34:24		RIBADESELLA
325	158	ROBERTO SUAREZ ALONSO	SNM- 95	0:47:28	0:04:45:0:47:17	0:04:44 0:14:54	0:34:05	S.C.D. RIBADESELLA	RIBADESELLA
326	396	PAULA SAINZ LOPEZ	F- 21SNF- 7	0:47:33	0:04:46:0:47:24	0:04:45 0:14:42	0:34:16		
327	75	FERNANDO GINES MARTINEZ MARTINEZ	VTDM- 19	0:47:33	0:04:46:0:47:06	0:04:43 0:15:13	0:34:18	COLUNGA ATLETISMO JURASICO	COLUNGA
328	352	ALBERTO CARLOS FERNANDEZ FERNANDEZ	VTBM- 63	0:47:40	0:04:46:0:47:20	0:04:44 0:15:39	0:34:31		OVIEDO
329	83	ANA BEATRIZ PIÑERA ROZA	F- 22VTAF- 5	0:47:45	0:04:47:0:47:30	0:04:45 0:15:33	0:34:48	CORRESIERO	GIJON
330	427	JAVIER GOMEZ MARTIN	VTBM- 64	0:47:50	0:04:47:0:47:24	0:04:45 0:15:57	0:35:05		Humanes de Madrid
331	330	AGUSTÍN VILLALBA ZABALA	VTAM- 73	0:47:58	0:04:48:0:47:47	0:04:47 0:15:16	0:34:44		TORRELAVEGA
332	297	JUAN NORIEGA SÁNCHEZ-OCAÑA	VTM- 31	0:47:59	0:04:48:0:47:28	0:04:45 0:16:47	0:35:46		Oviedo
333	54	ENRIQUE GANDARA ULLOA	VTM- 32	0:48:09	0:04:49:0:47:58	0:04:48 0:15:47	0:35:14A-6320	Club Atletismo Coruña Comarca	EL TEMPLE
334	247	FRANCISCO JOSE FERNANDEZ GARCIA	VTAM- 74	0:48:14	0:04:50:0:47:57	0:04:48 0:15:49	0:35:14		LIERES
335	127	LORENA FERNANDEZ RUBIO	F- 23VTAF- 6	0:48:15	0:04:50:0:48:02	0:04:49 0:15:54	0:35:25	OCLE	Piedras Blancas (CASTRILLON)
336	278	MARTIN LEINWEBER	VTM- 33	0:48:19	0:04:50:0:47:50	0:04:47 0:15:52	0:35:08		POLA DE SIERO
337	65	JOSE LOPEZ GAVIN	VTAM- 75	0:48:23	0:04:51:0:48:04	0:04:49 0:15:34	0:35:12	CLUB ATLETISMO RIBADEO - EOCAR FAMTRABADA	
338	428	ANTONIO JOSÉ ESTEBAN LÓPEZ	VTAM- 76	0:48:23	0:04:51:0:48:12	0:04:50 0:15:32	0:35:03		Gijón
339	193	ANDRES AGUADO NUÑEZ	VTDM- 20	0:48:26	0:04:51:0:48:22	0:04:51 0:15:21	0:35:07		INFUESTO
340	48	LUIS ENRIQUE MONTES PEREZ	VTAM- 77	0:48:27	0:04:51:0:48:04	0:04:49 0:16:21	0:35:50	carreraspopulares.com	los corrales de buelna
341	365	NORBERTO GUTIERREZ RODRIGUEZ	SNM- 96	0:48:28	0:04:51:0:48:12	0:04:50 0:16:15	0:35:54		Noreña
342	84	JUAN CARLOS SAINZA GARCIA	VTBM- 65	0:48:32	0:04:52:0:48:16	0:04:50 0:15:58	0:35:24	CORRESIERO	POLA DE SIERO

343	216JOSE ALBERTO BEDIA PEREZ	VTBM- 66	0:48:38	0:04:52:04:48:10	0:04:49 0:16:41	0:36:15		OVIEDO
344	406JORGE TRUCHERO RODRIGUEZ	VTAM- 78	0:48:45	0:04:53:04:48:21	0:04:51 0:16:29	0:35:43	A.D. XENTE CORRENDERA	oviedo
345	269CÉSAR GONZALEZ MATEO	VTAM- 79	0:48:53	0:04:54:04:48:35	0:04:52 0:15:17	0:35:16		SIERO
346	317JUAN LUIS ROSA CUESTA	VTAM- 80	0:48:58	0:04:54:04:48:32	0:04:52 0:16:17	0:35:33		Oviedo
347	404ALBERTO VEGA ESCAMILLA	VTBM- 67	0:49:09	0:04:55:04:48:50	0:04:53 0:16:15	0:35:53		Oviedo
348	215JUAN CARLOS BEDIA PEREZ	VTAM- 81	0:49:12	0:04:56:04:48:44	0:04:53 0:16:40	0:36:17		OVIEDO
349	205ROSA ANA ALVAREZ GUTIERREZ	F- 24VTBF- 7	0:49:18	0:04:56:04:49:03	0:04:55 0:16:16	0:35:57		AVILES
350	17MARIA DOLORES ALVAREZ FERNANDEZ	F- 25VTBF- 8	0:49:24	0:04:57:04:49:05	0:04:55 0:15:45	0:35:59	CANGAS DE ONIS ATLETISMO	CANGAS DE ONIS
351	287ROBERTO MARTINEZ-ILLESCAS REDONDO	VTBM- 68	0:49:24	0:04:57:04:49:14	0:04:56 0:16:12	0:36:06		OVIEDO
352	380NOELIA ORTIZ CAMPA	F- 26SNF- 8	0:49:25	0:04:57:04:49:21	0:04:57 0:15:30	0:35:40		Oviedo
353	18SONIA VEGA FERNANDEZ	F- 27VTBF- 9	0:49:33	0:04:58:04:49:15	0:04:56 0:15:45	0:35:58	CANGAS DE ONIS ATLETISMO	CANGAS DE ONIS
354	378ALEJANDRO MENDEZ FERNANDEZ	SNM- 97	0:49:35	0:04:58:04:49:15	0:04:56 0:16:30	0:36:08		GIJON
355	328JESUS ANGEL VAQUERO COMAS	VTDM- 21	0:49:41	0:04:59:04:49:22	0:04:57 0:16:07	0:36:02		OVIEDO
356	246JOSE ANTONIO FERNANDEZ FERNANDEZ	VTDM- 22	0:49:41	0:04:59:04:49:21	0:04:57 0:16:09	0:36:02		OVIEDO
357	387MARIA JESUS RIVAS ALVAREZ	F- 28VTAF- 7	0:49:57	0:05:00:04:49:46	0:04:59 0:15:56	0:36:23		Lugones
358	376JUAN IGNACIO LUCES FOMBONA	VTBM- 69	0:49:57	0:05:00:04:49:33	0:04:58 0:16:27	0:36:38		pola de siero
359	265PABLO GONZALEZ ALVAREZ	SNM- 98	0:50:00	0:05:00:04:49:36	0:04:58 0:16:25	0:36:30		Gijón
360	368DIEGO IGLESIAS	SNM- 99	0:50:03	0:05:01:04:49:44	0:04:59 0:17:12	0:37:25		Oviedo
361	204JAVIER ALVAREZ GONZALEZ	VTAM- 82	0:50:05	0:05:01:04:49:39	0:04:58 0:16:18	0:36:29		gijon
362	272RAFAEL GRANDA MARTÍNEZ	VTBM- 70	0:50:15	0:05:02:04:49:57	0:05:00 0:15:36	0:36:17		Pola de Laviana
363	249JOSE FERNANDEZ LORENZO	VTFM- 6	0:50:15	0:05:02:04:50:03	0:05:01 0:16:24	0:36:36		NAVA
364	197ANGEL ALONSO DEL OLMO	SNM- 100	0:50:24	0:05:03:04:50:02	0:05:01 0:16:49	0:37:06		Santander
365	423EMILIO IGNACIO LÓPEZ DOMÍNGUEZ	VTAM- 83	0:50:26	0:05:03:04:50:04	0:05:01 0:16:53	0:37:24		Andrín - Llanes
366	30ROBERTO CARLOS RIESGO CARRILES	VTAM- 84	0:50:28	0:05:03:04:50:24	0:05:03 0:14:54	0:35:43	Asturcón BTT	Oviedo
367	386JOSE Mª QUIÑONES BLANCO	VTAM- 85	0:50:42	0:05:05:04:50:41	0:05:05 0:15:28	0:36:49		Saron
368	393RUBÉN RODRÍGUEZ VILLA	SNM- 101	0:50:45	0:05:05:04:50:16	0:05:02 0:16:23	0:36:41		Gijón
369	353PAZ FERNANDEZ MORGALO	F- 29VTBF- 10	0:50:51	0:05:06:04:50:42	0:05:05 0:16:06	0:36:50		LUGO DE LLANERA
370	223FRANCISCO CASTILLEJO MARTINEZ	VTAM- 87	0:50:55	0:05:06:04:50:30	0:05:03 0:17:11	0:37:16		GIJON
371	245CARLOS MANUEL FERNANDEZ FERNANDEZ	VTAM- 86	0:50:55	0:05:06:04:50:30	0:05:03 0:17:12	0:37:17		GIJÓN
372	231SUSANA DEL RÍO CUERVO	F- 30VTBF- 11	0:51:02	0:05:07:04:50:46	0:05:05 0:16:11	0:36:51		Pola de Siero
373	436JORGE FERNÁNDEZ SUÁREZ	VTAM- 88	0:51:15	0:05:08:04:51:09	0:05:07 0:16:53	0:37:47		Oviedo
374	361ROSA SANTOS SUÁREZ	F- 31VTBF- 12	0:51:15	0:05:08:04:51:05	0:05:07 0:16:34	0:37:28		TINEO
375	443JOSE EDUARDO ALONSO VILLASEÑOR	SNM- 102	0:51:17	0:05:08:04:50:55	0:05:06 0:16:34	0:37:28		OVIEDO
376	141EVA LAVANDERA FERNANDEZ	F- 32SNF- 9	0:51:20	0:05:08:04:51:09	0:05:07 0:16:28	0:37:27	PILOÑA DEPORTE	infiesto
377	422SILVIA SOTO RODRÍGUEZ	F- 33SNF- 10	0:51:26	0:05:09:04:51:21	0:05:09 0:16:00	0:37:03		OVIEDO
378	296JOSÉ LUIS NIÑO ROMERO	VTBM- 71	0:51:27	0:05:09:04:51:01	0:05:07 0:17:16	0:37:33		AVILÉS
379	364FRANCISCO JAVIER GUTIÉRREZ ALONSO	SNM- 103	0:51:45	0:05:11:04:51:37	0:05:10 0:15:52	0:36:54		GIJÓN
380	80MARIA EUGENIA GARCIA LOPEZ	F- 34VTBF- 5	0:51:46	0:05:11:04:51:38	0:05:10 0:16:22	0:37:31	CORRE CON NOSOTRAS	Oviedo
381	420ESTHER MARTÍNEZ VEGA	F- 35VTFF- 1	0:51:46	0:05:11:04:51:32	0:05:10 0:16:56	0:37:54	REAL GRUPO CULTURA COVADONGA	GIJÓN
382	337MARCOS ALVAREZ SUÁREZ	VTAM- 89	0:51:47	0:05:11:04:51:21	0:05:09 0:17:26	0:38:08		Gijón
383	338YOLANDA ARTIME ALONSO	F- 36VTBF- 13	0:51:48	0:05:11:04:51:43	0:05:11 0:16:53	0:37:47		Gijón
384	71ROCIO DIAZ MONASTERIO GUREN GONZALEZ HONTORIAF-	37VTBF- 14	0:51:55	0:05:12:04:51:32	0:05:10 0:17:09	0:37:39	club natacion ciudad de gijon	GIJON
385	243JOSE MANUEL FERNANDEZ ALVAREZ	VTFM- 7	0:51:58	0:05:12:04:51:36	0:05:10 0:17:25	0:38:15		OVIEDO
386	202ALFONSO ALVAREZ FUEYO	VTBM- 72	0:52:08	0:05:13:04:51:44	0:05:11 0:16:35	0:37:41		OVIEDO
387	349MARIA ECHEVARRIA ONTAÑON	F- 38SNF- 11	0:52:13	0:05:14:04:51:50	0:05:11 0:16:50	0:38:02		gijon
388	359SIRA GARCIA MENDEZ	F- 39SNF- 12	0:52:19	0:05:14:04:51:54	0:05:12 0:17:11	0:38:12		SAN MARTIN DEL REY AURELIO
389	340JOSE LUIS AVANZAS FERNANDEZ	SNM- 104	0:52:20	0:05:14:04:51:55	0:05:12 0:17:11	0:38:10		SAN MARTIN DEL REY AURELIO
390	20TAMARA MARTINEZ CARBAJAL	F- 40VTDF- 1	0:52:26	0:05:15:04:52:21	0:05:15 0:17:10	0:38:07	S.C.D. RIBADESELLA	OVIEDO
391	319FERNANDO SAN ROMAN SANCHEZ	VTFM- 8	0:52:27	0:05:15:04:52:10	0:05:13 0:17:10	0:38:07		Oviedo
392	316EVA ROGADO VAZQUEZ	F- 41SNF- 13	0:52:33	0:05:16:04:52:10	0:05:13 0:16:49	0:38:02		Gijón
393	154OLMERA DEL VALLE TOYOS	F- 42PRF- 1	0:52:36	0:05:16:04:52:25	0:05:15 0:16:08	0:37:59	S.C.D. RIBADESELLA	RIBADESELLA
394	225ALEJANDRO CID RODRIGUEZ	SNM- 105	0:52:42	0:05:17:04:52:34	0:05:16 0:17:11	0:38:25		Gijon
395	433DAVID LAGO CACHÓN	SNM- 106	0:53:20	0:05:20:04:52:55	0:05:18 0:17:38	0:39:18		Oviedo
396	299ISABEL PALACIOS ALVAREZ	F- 43VTBF- 15	0:53:54	0:05:24:04:53:41	0:05:23 0:17:20	0:39:00		Infiesto
397	148JOSE ANTONIO NACHON PELAEZ	VTEM- 11	0:54:11	0:05:26:04:53:56	0:05:24 0:17:10	0:38:43	S.C.D. RIBADESELLA	RIBADESELLA
398	250JUAN DAVID FERNANDEZ NORIEGA	VTEM- 12	0:54:41	0:05:29:04:54:30	0:05:27 0:17:24	0:39:42		NAVA
399	344MANUEL CARIDE GOMEZ	VTEM- 13	0:54:43	0:05:29:04:54:26	0:05:27 0:17:10	0:39:17		AVILES
400	301VICENTE LUIS PARRA CABRERO	VTDM- 23	0:55:29	0:05:33:04:55:00	0:05:30 0:19:06	0:41:09		san roman

401	82SUSANA ALMUDENA PALACIOS SANCHEZ	F- 44VTCF- 6	0:55:38	0:05:340:55:13	0:05:32 0:17:36	0:40:27	CORRE CON NOSOTRAS	OVIEDO
402	28MIGUEL ORTIZ DE GUINEA ARGÜELLES	VTFM- 9	0:55:38	0:05:340:55:11	0:05:32 0:17:38	0:40:26	Asociacion de veteranos de Asturias	Gijón
403	390ROBERTO RODRIGUEZ GARCIA	VTAM- 90	0:55:56	0:05:360:55:29	0:05:33 0:19:06	0:41:10		oviedo
404	144MIGUEL NARGANES DE LA HERA	VTAM- 91	0:56:15	0:05:380:56:15	0:05:38 0:17:23	0:40:27	RUNNING AGUILAR	AGUILAR DE CAMPOO
405	219DANIEL CAMPOS OLMO	SNM- 107	0:56:26	0:05:390:56:03	0:05:37 0:17:41	0:40:46		Gijon
406	22FRANCISCO ALVAREZ VIVIAN	VTBM- 73	0:56:48	0:05:410:56:30	0:05:39 0:17:37	0:41:03	2007LLANERA	LUGO DE LLANERA
407	238CRISTINA DIAZ RODRIGUEZ	F- 45VTBF- 16	0:56:48	0:05:410:56:30	0:05:39 0:17:37	0:41:03		LUGO LLANERA
408	79LUCÍA AVELLA CAMARERO	F- 46VTBF- 17	0:57:05	0:05:430:56:57	0:05:42 0:18:03	0:41:24	CORRE CON NOSOTRAS	Oviedo
409	134MARTA AURORA DIAZ DELGADO	F- 47VTDF- 2	0:57:27	0:05:450:57:20	0:05:44 0:18:19	0:41:46	OVIEDO KAYAK FEVE	OVIEDO
410	217CHRISTIAN BORREGO MARTINEZ	VTAM- 92	0:57:41	0:05:470:57:22	0:05:45 0:17:09	0:41:17		LLANES
411	385LUIS ANTONIO PUEYO MATEO	VTDM- 24	0:57:41	0:05:470:57:22	0:05:45 0:17:09	0:41:17		LLANES
412	64FEDRA ALVAREZ VIJANDE MARTINEZ	F- 48VTBF- 18	0:58:24	0:05:510:58:08	0:05:49 0:18:09	0:41:48	CLUB ATLETISMO RIBADEO - EOCAR FAMTRABADA	
413	405HENAR VILORIA VERDUGO	F- 49VTCF- 7	0:59:23	0:05:570:59:11	0:05:56 0:18:07	0:43:01		GIJON
414	442MARIA CAÑEDO RODRIGUEZ	F- 50VTAF- 8	1:02:26	0:06:151:02:04	0:06:13 0:19:54	0:45:02		POLA DE SIERO
415	374ANA LOPEZ CANTOLLA	F- 51VTBF- 19	1:06:14	0:06:381:05:57	0:06:36 0:21:17	0:48:35		CARRIAZO
416	384IGNACIO PUEYO LANDA	VTFM- 10	1:06:16	0:06:381:05:50	0:06:35 0:21:17	0:48:35		Oviedo

Publicada a las 19:35:25 del 26/09/2010